

## **Explorations Online 2022-2023**

Discover the foundations of Anthroposophy, Waldorf education, and the arts-for parents, grandparents, administrators, new teachers in public and independent Waldorf schools, and those teaching children at home.



Explorations courses meet via Zoom for 2 hours on Saturday and Sunday (4 hrs. per weekend) twice a month. Classes include artistic work (speech/storytelling, movement, music, and pastel drawing) and contemplative studies on current issues, using Anthroposophy as a method of inquiry. We will look at a holistic view of the human being, self-development, and current social and pedagogical needs.

## Explorations Themes 2022-2023

## Saturdays & Sundays from Noon to 2:00 p.m.

March 12 and March 26-27, 2022	October 29-30 and November 12-13, 2022
Meditative Practices and Self-Development	Phenomenology: Learning to See with Beginner's Eyes
with Bev Boyer/Torin Finser, speech with Debra Spitulnik	study and visual arts with Colleen O'Connors
April 9-10 and April 30-May 1, 2022	December 3-4 and December 17-18, 2022
Practical Thinking and the Rightful Place of Technology	Temperaments and Learning Styles
with Douglas Gerwin, eurythmy with Leonore Russell	with Carla Beebe Comey, speech with Debra Spitulnik
May 14-15, 2022 Parents and Community in a Waldorf School with Torin Finser and Karine Munk Finser, pastel drawing with KMF	January 14-15 and January 28-29, 2023 Overview of the Waldorf Grades Curriculum: A Renewed Pedagogy for our Time with Alison Henry and guest presenters, speech with Debra Spitulnik
September 10-11 and September 24-25, 2022	February 11-12 and February 25, 2023
Meeting the Social and Emotional Needs of Children Today	Innovation Through Anthroposophical Initiatives
with Kim John Payne, eurythmy with Leonore Russell	with Karen Atkinson/Bev Boyer, speech with Debra Spitulnik
October 1-2 and October 15-16, 2022 Healing the Hurt: Learning to Support Each Other	Register now at centerforanthroposophy.org

as Advocates for Social Justice with Heather Scott, singing with Meg Chittenden We welcome international students!

Tuition for the entire course is payable by credit card in 10 monthly installments of \$72.

Completion of this Explorations course (35 sessions) satisfies prerequisite foundational studies for Waldorf teacher training. Contact our program directors for information about supplemental Explorations seminars for Waldorf high school teachers (douglas@centerforanthroposophy.org) and school administrators (karen@centerforanthroposophy.org).

For more information and to register, contact: info@centerforanthroposophy.org, Ph. (603) 654-2566