

EXPLORATIONS 2022-23

with an online option
for Waldorf High School Teachers
(both practicing and prospective)



Karine Munk Finser

Explorations takes up burning current topics along with contemplative studies and the practice of the arts through anthroposophy as a method of inquiry. In addition, this online course offers **supplementary classes on Saturday afternoons concerning the Waldorf high school program**, including a unique chance to sample each of the specialized academic subjects in the sciences and humanities.

Schedule of Classes for Spring Term 2022

Date	Explorations Theme	Date	High School Seminar	Explorations Themes for Fall & Winter 2022-23
March 12	Meditative Practice & Self Development <i>Torin Finser, Bev Boyer, Debra Spitulnik</i>	March 12	Overview and Waldorf Approach to Math <i>Douglas Gerwin, Jamie York</i>	<ul style="list-style-type: none"> • The Role of Parents in a Waldorf School • Social & Emotional Needs of Youth • Healing the Hurt with Social Justice • Phenomenology: Seeing with Beginner's Eyes • Temperaments and Learning Styles • Waldorf School Curriculum Overview • Innovation through Anthroposophical Initiatives
March 26-27	Meditative Practice & Self Development <i>Bev Boyer, Debra Spitulnik</i>	March 26	Waldorf Approach to Physical Sciences <i>Michael D'Aleo</i>	
April 9-10	Practical Training in Thinking and the Rightful Place of Technology <i>Douglas Gerwin, Leonore Russell</i>	April 9	Waldorf Approach to Life Sciences <i>Michael Holdrege</i>	
April 30-May 1	Practical Training in Thinking and the Rightful Place of Technology <i>Douglas Gerwin, Leonore Russell</i>	April 30	Waldorf Approach to English <i>David Sloan</i>	
May 14-15	Parents & Community in a Waldorf School <i>Torin Finser, Karine Munk Finser</i>	May 14	Waldorf Approach to History Wrap Up to Spring Term <i>Paul Gierlach, Douglas Gerwin</i>	

Each class meets via Zoom for 2 hours of Explorations followed by 1.5 hours on Saturdays of High School Seminar. Completion of this Explorations course (17 weekends in all over the course of 2022-23) satisfies prerequisite foundational studies for high school teacher training. Participants are eligible to apply to CfA's summertime Waldorf High School Teacher Education Program, to be held in a new format partly online during late June and July of 2022. Tuition for the entire Explorations course, including the Spring Term high school seminars, is payable by credit card in 10 monthly installments of \$89.

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