

KAIROS INSTITUTE—Healing in a World of Need

at the Center for Anthroposophy in Collaboration with the Transdisciplinary Studies in Healing Education at Antioch University New England

Kairos Institute, a member of IArte, is dedicated to offer a vocational training in *Art Therapies* and in *Speech and Drama* with core courses as developed by the International Standards in Artistic Therapies: Painting, Clay, Drawing, and Animal Therapies; *Therapeutic Speech* may be added later. We include pathways to recognition with a diploma from the Medical Section, Goetheanum. While benefiting from some international faculty, we strive to create a training that springs from the needs perceived in America.

Kairos students are encouraged to take 3 semesters per year towards the required 1500 synchronous hours. Former training with relevant content or training in TSHE will be translated into contact hours. Individual advising plans will be developed for transparency with IArte and to pursue Goetheanum recognition.

Please note: Guests are also welcome to select individual courses to support their empathetic practices.

Module 1, Unit 1 (Summer 2022): Emergency Pedagogy

Summer Residency: July 3-8, 2022, in Wilton, NH, with Bernd Ruf

- Psychological Trauma and the Phases of PTSD, a 5-day course
- *War, Refugees, and Trauma*, a public lecture on July 7 at 7 pm ET, ALL WELCOME (age 16+)

Module 2: Units 2-7 (Fall 2022): Healing Foundations

Online: September 14 – December 2, 2022 (Wednesday evenings, 7-8:30 pm ET; some Saturdays, times TBA)

- **Information Session, September 14:** Overview of Kairos 2022-2023 with *Karine Munk Finser* (Kairos Director), *Debbie Spitulnik* (Core Faculty, Speech and Drama), and *Lisl Hofer* (Kairos Manager)
- **Unit 2, September 21, 28, October 6:** Trauma in America with *Orland Bishop*
- **Unit 3, October 12, 19:** Healing Stories for Social Emotional Challenges with *Gleice da Silva*
- **Unit 4, October 29** (4 hours), 1-3 pm ET and 4-6 pm ET:
Introduction to Painting Therapy: Diagnostic Foundations 1 with *Karine Munk Finser*
- **Unit 5, November 2, 9, 16:** Working with Karma, Part 1:
From the Past, in the Present, and for the Future with *Torin Finser*
- **Unit 6, November 12, 19:** Sounds and Rhythms: Healing Aspects with *Geoff Norris*
- **Unit 7, December 3, 10** (8 hours), 1-5 pm ET: Meditative Images of the Autism Spectrum: Hindrances and Opportunities, Part 1, with *Lakshmi Prasanna, MD*

Module 3 (Spring 2023): Artistic Therapies

Spring Residency: April 21-25, 2023, in Keene, NH

With *Sylvia Borau*, a clay therapist from *Parzival Schule, Karlsruhe, Germany*, and others to be announced

TUITION: \$950 for each semester | Total for Year One: \$2,850 | Individual courses \$225-\$350 per unit

If interested in earning an accredited M.Ed. or Certificate in Healing Education through Antioch University New England, or wishing to take further training in artistic therapies, send your inquiries to *Karine Munk Finser*, Director of the Transdisciplinary Studies in Healing Education Program (TSHE), at kfinser@antioch.edu.



For more information and to register, visit
centerforanthroposophy.org/programs/kairos-institute