

Summary of Preparatory Readings (First Year Group: Class of 2026)

For HS 114: “Living Thinking”

Required: Frederick Amrine, *Kicking Away the Ladder: The Philosophical Roots of Waldorf Education* (we will work with Chapter 5 only, which is an abridged edition of the following book by Steiner)

Suggested: Rudolf Steiner, *Intuitive Thinking as a Spiritual Path: A Philosophy of Freedom*, trans. Michael Lipson

Rudolf Steiner, “Practical Training in Thought”, in *Anthroposophy in Everyday Life*

Stephen Edelglass et al, *The Marriage of Sense and Thought: Imaginative Participation in Science*

Otto Palmer, *Rudolf Steiner on His Book, Philosophy of Freedom*

For HS 112: “Human Development”

Required: Rudolf Steiner, *Education for Adolescents*

Photocopies (to be sent later in the spring)

Joan Almon, “Educating for Creative Thinking”

Douglas Gerwin, “Waldorf High School Curriculum Guide”

Nanette Grimm, “A High School Course in Child Study”

David Sloan, “Keeping Ideals Intact”

Suggested -- Torin Finser, *School as a Journey*

-- Erich Gabert, *Educating the Adolescent*

-- John F. Gardner, *Youth Longs to Know*

-- Douglas Gerwin, *Trailing Clouds of Glory: Essays on Human*

Sexuality and the Education of Youth in Waldorf Schools

-- Hermann Koepke, *On the Threshold of Adolescence:*

The Struggle for Independence in the Twelfth Year

-- Michael Luxford, ed., *Adolescence and Its Significance for*

Those with Special Needs

-- Peter Selg, *A Grand Metamorphosis*

-- David Sloan, *Life Lessons*

-- Rudolf Steiner, *The Challenge of the Times*

-- Rudolf Steiner’s *Observations on Adolescence* (edited by David Mitchell

& Christopher Clouder)

For HS: “Subject Seminars”

Assigned readings will be different for each subject area.

For Life Sciences: HS 120/220/320

Required:

Holdrege, M. (2022). *From Mechanism to Organism*. Waldorf Publications.

Suggested:

Rohen, J. (2007). *Functional Morphology*. Hillsdale, NY: Adonis Press.

McGilchrist I. (2010) *The Master and His Emissary*. New Haven: Yale Univ. Press.

Bortoft H. (1996). *The Wholeness of Nature*. Great Barrington: Lindisfarne Press.

For English: HS 122/222/322

In addition to listings in the independent study guidelines, the following texts are suggested:

Margaret Bennell, *Shakespeare's Flowering of the Spirit* (East Grinstead: Lanthorn Press, 1971)

D.E. Faulkner Jones, *The English Spirit* (London: Rudolf Steiner Press, 1982)

Johann Wolfgang von Goethe, *Faust*, trans. Kaufmann (Garden City: Doubleday/Anchor Books, 1961)

A.C. Harwood, *Shakespeare's Prophetic Mind* (London: Rudolf Steiner Press)

Eileen Hutchins, *Parzival: An Introduction* (Temple Lodge Publishing, 2012)

Eric Mueller, *Why Parzival* (Alkion Press, 2023)

David Sloan, *Life Lessons* (AWSNA Publications, 2007)

Linda Sussman, *The Speech of the Grail* (Lindisfarne Books, 1995)

Betty Staley, *Adolescence: The Sacred Passage* (Rudolf Steiner College Press, 2006)

W. J. Stein, *The Ninth Century and the Holy Grail* (Temple Lodge, 1991)

For History: HS 124/224/324

Required:

Saving the Appearances, Owen Barfield

In the Shadow of the Machine, Jeremy Naydler

World History in the Light of Anthroposophy, Steiner

Anthroposophical Leading Thoughts, Steiner

For Mathematics: HS 126/226/326

Suggested: Andrews, George E. (1971). *Number Theory*. Dover.

Holdrege, Henrike (2019). *To the Infinite and Back Again: A Workbook in Projective Geometry*. Evolving Science Association.

Lockhart, Paul (2009). *A Mathematician's Lament*. Bellevue Literary Press.

Neumann, Robert (Ed.) *Topics in Mathematics for the 9th Grade*. Waldorf Publications.

Neumann, Robert (Ed.) *Topics in Mathematics for the 10th Grade*. Waldorf Publications.

Neumann, Robert (Ed.) *Topics in Mathematics for the 11th Grade*. Waldorf Publications.

Neumann, Robert (Ed.) *Topics in Mathematics for the 12th Grade*. Waldorf Publications.

Sigler, Stephan (2020). *Mathematics in Waldorf Schools: Teaching Mathematics in the Upper Grades*. Pädagogische Forschungsstelle beim Bund der Freien Waldorfschulen.

Stillwell, John (1998). *Numbers and Geometry*. Springer Verlag.

For Physics & Chemistry: HS 127/227/327

Required: Stephen Edelglass et al, *The Marriage of Sense and Thought: Imaginative Participation in Science*

Suggested: Rudolf Steiner, *Warmth Course*
Georg Unger, *Forming Concepts in Physics*

For Arts and Art History: HS 128/228/328

Required: Michael Howard, *Educating The Will*

Suggested: David Mitchell and Patricia Livingston, *Will Developed Intelligence - Handwork and Practical Arts in Waldorf School*

Arthur Auer, *Learning about the World through Modeling*

Margrit Junemann/Fritz Weidmann, *Drawing and Painting in Rudolf Steiner Schools*

For Drama: HS 132

Suggested: Peter Bridgmont, *The Spearthrower*
Michael Chekhov, *To the Actor*
Keith Johnstone, *Impro*
David Sloan, *Stages of Imagination*

For Eurythmy: HS 134

Suggested: A.C. Harwood, *Eurythmy and the Word*
Rudolf Steiner, *The Alphabet*

Summary of Preparatory Readings (Second & Third Year Group: Classes of 2024 & 2025)

For HS 216/316: “**Anthropological Foundations**”

Required:

Rudolf Steiner. *First Teachers’ Course*. Ratayakom Press, 2020.

Note: the core text for this course is the first morning lecture of each day – this series forms the *Anthropological Foundations*, previously published under titles including *Study of Man* and *Foundations of Human Experience*. Participants are encouraged to read the complete contents of each day, which includes a series of late-morning lectures (*Methods of Teaching*) and afternoon workshops (*Practical Advice*)

For HS 218: “Professional Seminar” (Level II)

Rudolf Steiner, *Basic Issues of the Social Question* (GA 23) – available in book form as *Towards Social Renewal* or online at

http://wn.rsarchive.org/GA/GA0023/English/SCR2001/GA023_index.html#sthash.bCa19FTW.dpuf

For HS 318: “Professional Seminar” (Level III)

Rudolf Steiner, *Balance in Teaching* (Great Barrington: SteinerBooks, 2007).

For HS: “Subject Seminars”

Assigned readings will be different for each subject area. See the “guidelines for independent study” handed out at the end of the last July summer session, as well as the syllabi for the subject seminars included in this packet:

For Life Sciences: HS 120/220/320

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Suggested:

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Georg Unger, *Forming Concepts in Physics*

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Arthur Auer, *Learning about the World through Modeling*
Margrit Junemann/Fritz Weidmann, *Drawing and Painting in Rudolf Steiner School*

For Drama: HS 232

Peter Bridgmont, *The Spearthrower* (An Grianan, 1983)
Michael Chekhov, *To the Actor* (Harper and Row, 1953)
Keith Johnstone, *Impro* (Routledge, Chapman and Hall, 1979)
David Sloan, *Stages of Imagination* (Waldorf Publications, 2001)
Viola Spolin, *Improvisational Theatre* (Northwestern, 1963)
Rudolf Steiner, “The Spiritual Individualities of the Planets”

For Eurythmy: HS 234/334

“The Being of Eurythmy” by Michael Debus
Eurythmy, A Creative Force in Humanity by Sylvia Bardt