

Center for Anthroposophy Building Bridges

Los Angeles 2024 - 2026

Program Plan and Reading

October 23, 2024

November 1-3, 2024

(Friday 9:00 am – 5:00 pm; Saturday and Sunday 8:30 am – 5:00 pm)

(November 1 class will be joined by all OCS faculty from 9:00 am - 3:00 pm)

Human Development and Eurythmy with Carla Beebe Comey

Required Texts and Reading:

- Read Preface and Chapters 1, 3, 4, and 5 in *Why on Earth? Biography and the Practice of Human Becoming*, Signe Eklund Schaefer, ISBN: 978-1621480402
- Review Chapter 4 (Temperaments) in *Guided Self-Study*, Torin Finser, ISBN: 978-1621481300

Recommended Resources:

- Introduction, Premises, Chapters 1-12, and Chapter 16 of *The Recovery of Man in Childhood: A Study of the Educational Work of Rudolf Steiner*, A. C. Harwood, Second Edition, ISBN: 978-0913098530
- Part One, “The Education of the Child in Light of Spiritual Science” in: *The Education of the Child: And Early Lectures on Education*, Rudolf Steiner, ISBN: 978-0880104142

Drawing Through the Grades with Tomasa Mendoza

Required Materials:

- Colored pencils - set of 12 will suffice (as one option-Berol Prisma pencils are soft and beautiful)
- Sets of 12-16 wax block crayons and stick crayons - they do not have to be new

February 14-17, 2025

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm, Monday 8:30 am - 12:00 pm)

Research and Self Development with Deborah Dornemann

Required Texts and Reading:

- Review Chapters 1-4 in *Guided Self-Study*, Torin Finser, ISBN: 978-1621481300
- Chapters 1 - 12 in *Listening to our Teachers: Advocacy Through Research*, Torin Finser, ISBN: 978-1621483755

Visual Arts with Nikki Moon Shoneman

Required Materials:

- Blank journal for documenting work with color

- Colored pencils

March 28-30, 2025

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm)

Speech and Storytelling with Debbie Spitulnik

Required Text, Reading and Assignments:

- Read Chapter 1 and do exercises 1, 2, and 3; read Chapter 2 and do exercise 8; read Chapter 5 and do exercises 2 and 3 in *The Storyteller's Way*, Ashley Ramsden and Sue Hollingsworth; Hawthorn Press ISBN: 9781907359194.

Required Materials:

- A journal or notebook for notes, drawings and room for printed texts

Preparation:

- Write 1-3 sentences about your experiences with speech and storytelling and send to Debbie by March 1: debbie@centerforanthroposophy.org

April Dates and Times TBD

Two 1 1/2-Hour Online Sessions - Human Development with Carla Beebe Comey

Required Text and Reading:

- Read Chapters 6, 7, and 8 in *Why on Earth? Biography and the Practice of Human Becoming*, Signe Eklund Schaefer, ISBN: 978-1621480402

May 16-18, 2025

(Friday 6:00 pm – 8:00 pm; Saturday and Sunday 8:30 am – 5:00 pm)

Human Development and Eurythmy with Carla Beebe Comey

Required Text and Reading:

- Read Chapters 2, 9 and 10 in *Why on Earth? Biography and the Practice of Human Becoming*, Signe Eklund Schaefer, ISBN: 978-1621480402

Drawing through the Grades with Tomasa Mendoza

Required Materials:

- As noted above

August 2025

Asynchronous viewing of **curriculum videos** as preparation for curriculum workshops with Alison Henry. Links will be provided.

Sept 19-21, 2025

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm)

Drawing through the Grades with Tomasa Mendoza

Required Materials:

- As noted above

Curriculum with Alison Henry

Recommended Resources:

NOTE: It is recommended that all Waldorf Teachers have access to these essential resources, either in their personal library or in a faculty library. You do NOT need to bring these books with you to the course.

- Rudolf Steiner's Curriculum for Steiner-Waldorf Schools, by E.A. Karl Stockmeyer, ISBN: 978-1-78250-129-9
- The Tasks and Content of the Steiner-Waldorf Curriculum, edited by Martyn Rawson, Tobias Richter & Kevin Avison, ISBN: 978-1782500421

Additional Recommended Resources:

- Practical Advice to Teachers, Rudolf Steiner, ISBN: 978-0-88010-467-8
- Discussions with Teachers, Rudolf Steiner, ISBN: 978-0-88010-408-1
- The Education of the Child and Early Lectures on Education, Rudolf Steiner, ISBN: 978-0880104142 (Part I)
- The Curriculum of the First Waldorf School, Caroline von Heydebrand (translated by Daniel Hindes) ISBN: 978-160757-0172
- The Recovery of Man in Childhood, A.C. Harwood, ISBN: 0-913098-53-1

Nov 21-22, 2025

(Saturday and Sunday 8:30 am – 5:00 pm)

Research with Deborah Dornemann and Torin Finser

Required Texts:

- Chapters 4-6 PLUS Part II, including the Appendices, *Guided Self-Study*, Torin Finser, ISBN: 978-1621481300
- Chapters 13-20, *Listening to our Teachers: Advocacy Through Research*, Torin Finser, ISBN: 978-1621483755

Jan 17-18, 2026

(Saturday and Sunday 8:30 am – 5:00 pm)

Curriculum with Alison Henry and Visual Arts with Tomasa

Required Materials (Both Courses):

- As noted above

