



Renewal &
Mentor
Training
2025

Rest your body and relax your mind

Find your experience in here. Attending a summer course in person offers more than just professional inspiration and community connections—it's an opportunity for deep personal rejuvenation.



TREATMENT

- **Holistic Custom Facial**
30 Min | Kira Atkinson \$45
- **Healing Massage**
30 Min | Liliana Rivera \$45

ACTIVITY

- **Restorative Yoga and Meditation**
60 Min | Allison Kibler \$10
- **Forest Bathing Explorations**
45 Min | Will Minehart \$10
- **Guided Bird Walk**
45 Min | Will Minehart \$10
- **Artistic Engagement for the Soul**
60 Min | Chenoa Pelligra \$15

For more info :
[Renewal 2025](#)

