



Explorations Online 2025-2026

Discover the foundations of Anthroposophy, Waldorf education, and the arts—for parents, grandparents, administrators, new teachers in public and independent Waldorf schools, and those teaching children at home.



Karine Munk Finser

Explorations courses meet via Zoom for 2 hours on Saturday and Sunday (4 hrs. per weekend) twice a month. Classes include artistic work (speech/storytelling, movement, music, and pastel drawing) and contemplative studies on current issues, using Anthroposophy as a method of inquiry. We will look at a holistic view of the human being, self-development, and current social and pedagogical needs.

Explorations Themes 2025-2026

Saturdays & Sundays from Noon to 2:00 p.m. EST

<p>March 15 and March 22-23, 2025 Meditative Practices and Self-Development with Deborah Dornemann and guest Torin Finser, speech with Debbie Spitulnik</p>	<p>November 8-9 and November 15, 2025 Healing the Hurt: Learning to Support Each Other as Advocates for Social Justice with Heather Scott, singing with Meg O'Dell</p>
<p>April 5-6 and April 12-13, 2025 Practical Thinking with Douglas Gerwin, eurythmy with Leonore Russell</p>	<p>December 6-7 and December 13-14, 2025 Temperaments and Learning Styles with Carla Beebe Comey, speech with Debbie Spitulnik</p>
<p>May 31-June 1, 2025 Parents and Community in a Waldorf School with David Barham, pastel drawing with Nikki Shoneman</p>	<p>January 10-11 and January 24-25, 2026 Overview of the Waldorf Grades Curriculum: A Renewed Pedagogy for our Time with Alison Henry, singing with Meg O'Dell</p>
<p>September 13-14 and September 20-21, 2025 Meeting the Social and Emotional Needs of Children Today with Kim John Payne, eurythmy with Leonore Russell</p>	<p>February 7-8 and February 21, 2026 Innovation Through Anthroposophical Initiatives with Karen Atkinson and Deborah Dornemann, pastel drawing with Nikki Shoneman (Feb. 7-8), speech with Debbie Spitulnik (Feb. 21)</p>
<p>October 11-12 and October 25, 2025 Phenomenology: Learning to See with Beginners' Eyes study and visual arts with Colleen O'Connors</p>	<p>Register now at centerforanthroposophy.org We welcome international students!</p>

Tuition for the entire course is payable by credit card in 10 monthly installments of \$85.

Completion of this Explorations course (30 sessions) satisfies prerequisite foundational studies for Waldorf teacher training.

Contact our program directors for information about online seminars for Waldorf high school teachers (david@centerforanthroposophy.org) and school administrators (karen@centerforanthroposophy.org).

For more information and to register, contact: info@centerforanthroposophy.org, Ph. (603) 654-2566