

Rest your body and relax your mind n

Find your experience in here. Attending a summer course in person offers more than just professional inspiration and community connections—it's an opportunity for deep personal rejuvenation.

## TREATMENT

- Holistic Custom Facial30 Min I Kira Atkinson
- Healing Massage
  30 Min I Liliana Rivera

## ACTIVITY

- Sound Healing
  30 Min I Narsingh Khalsa
- Forest Bathing Explorations
  45 Min I Will Minehart
- Guided Bird Walk
  45 Min I Will Minehart
- Artistic Engagement for the Soul
  60 Min I Chenoa Pelligra \$15

For more info:

Renewal 2025



\$45

\$10

\$10