

# Center for Anthroposophy Building Bridges

*Los Angeles 2024 - 2026*

*Program Plan and Reading*

*Updated May 2025*

## **November 1-3, 2024**

(Friday 9:00 am – 5:00 pm; Saturday and Sunday 8:30 am – 5:00 pm)

*(November 1 class will be joined by all OCS faculty from 9:00 am - 12:00 pm)*

### **Human Development and Eurythmy with Carla Beebe Comey**

#### **Required Texts and Reading:**

- Read Preface and Chapters 1, 3, 4, and 5 in *Why on Earth? Biography and the Practice of Human Becoming*, Signe Eklund Schaefer, ISBN: 978-1621480402
- Review Chapter 4 (Temperaments) in *Guided Self-Study*, Torin Finser, ISBN: 978-1621481300

#### **Recommended Resources:**

- Introduction, Premises, Chapters 1-12, and Chapter 16 of *The Recovery of Man in Childhood: A Study of the Educational Work of Rudolf Steiner*, A. C. Harwood, Second Edition, ISBN: 978-0913098530
- Part One, “The Education of the Child in Light of Spiritual Science” in: *The Education of the Child: And Early Lectures on Education*, Rudolf Steiner, ISBN: 978-0880104142

### **Drawing Through the Grades with Tomasa Mendoza**

#### **Required Materials:**

- Colored pencils - set of 12 will suffice (as one option-Berol Prisma pencils are soft and beautiful)
- Sets of 12-16 wax block crayons and stick crayons - they do not have to be new

## **February 15-17, 2025**

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm)

### **Research and Self Development with Deborah Dornemann**

#### **Required Texts and Reading:**

- Review Chapters 1-4 in *Guided Self-Study*, Torin Finser, ISBN: 978-1621481300
- Chapters 1 - 12 in *Listening to our Teachers: Advocacy Through Research*, Torin Finser, ISBN: 978-1621483755

### **Visual Arts with Nikki Moon Shoneman**

#### **Required Materials:**

- Blank journal for documenting work with color
- Colored pencils

## **March 5, 2025 Via Zoom**

(Wednesday 3:00 pm – 5:00 pm Pacific Time)

### **Research and Self Development with Deborah Dornemann**

*Updated May 2025*

## **March 28-30, 2025**

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm)

### **Speech and Storytelling with Debbie Spitulnik**

#### **Required Text, Reading and Assignments:**

- Read Chapter 1 and do exercises 1, 2, and 3; read Chapter 2 and do exercise 8; read Chapter 5 and do exercises 2 and 3 in *The Storyteller's Way*, Ashley Ramsden and Sue Hollingsworth; Hawthorn Press ISBN: 9781907359194.

#### **Required Materials:**

- A journal or notebook for notes, drawings and room for printed texts

#### **Preparation:**

- Write 1-3 sentences about your experiences with speech and storytelling and send to Debbie by March 1: [debbie@centerforanthroposophy.org](mailto:debbie@centerforanthroposophy.org)

## **April 2025 Asynchronous Work**

### **Human Development with Carla Beebe Comey**

#### **Required Text and Reading:**

- Read Chapters 6, 7, and 8 in *Why on Earth? Biography and the Practice of Human Becoming*, Signe Eklund Schaefer, ISBN: 978-1621480402

## **May 16-18, 2025**

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm)

### **Human Development and Eurythmy with Carla Beebe Comey**

#### **Required Text and Reading:**

- Read Chapters 2, 9 and 10 in *Why on Earth? Biography and the Practice of Human Becoming*, Signe Eklund Schaefer, ISBN: 978-1621480402

### **Drawing through the Grades with Tomasa Mendoza**

#### **Required Materials:**

- As noted above

## **August 2025 Asynchronous Work**

### **Curriculum with Alison Henry**

Asynchronous viewing of curriculum videos as preparation for curriculum workshops with Alison Henry. Links will be provided.

### **Research and Self Development with Deborah Dornemann**

Check in with Deborah Dornemann about research questions, via email  
[deborah@centerforanthroposophy.org](mailto:deborah@centerforanthroposophy.org)

## **September 10, 2025 Via Zoom**

(Wednesday 3:30 pm to 4:30 pm Pacific Time)

### **Speech and Storytelling with Debbie Spitulnik**

## **Sept 19-21, 2025**

(Friday 6:00 pm – 8:30 pm; Saturday and Sunday 8:30 am – 5:00 pm)

### **Curriculum with Alison Henry**

#### **Recommended Resources:**

*NOTE: It is recommended that all Waldorf Teachers have access to these essential resources, either in their personal library or in a faculty library. You do NOT need to bring these books with you to the course.*

- Rudolf Steiner's Curriculum for Steiner-Waldorf Schools, by E.A. Karl Stockmeyer, ISBN: 978-1-78250-129-9
- The Tasks and Content of the Steiner-Waldorf Curriculum, edited by Martyn Rawson, Tobias Richter & Kevin Avison, ISBN: 978-1782500421

#### **Additional Recommended Resources:**

- Practical Advice to Teachers, Rudolf Steiner, ISBN: 978-0-88010-467-8
- Discussions with Teachers, Rudolf Steiner, ISBN: 978-0-88010-408-1
- The Education of the Child and Early Lectures on Education, Rudolf Steiner, ISBN: 978-0880104142 (Part I)
- The Curriculum of the First Waldorf School, Caroline von Heydebrand (translated by Daniel Hinds) ISBN: 978-160757-0172
- The Recovery of Man in Childhood, A.C. Harwood, ISBN: 0-913098-53-1

### **Drawing through the Grades with Tomasa Mendoza**

#### **Required Materials:**

- As noted above

## **Nov 22, 2025**

(Saturday 8:30 am – 5:00 pm)

### **Research with Torin Finser and Drawing Through the Grades with Tomasa Mendoza**

#### **Required Texts:**

- Chapters 4-6 PLUS Part II, including the Appendices, *Guided Self-Study*, Torin Finser, ISBN: 978-1621481300
- Chapters 13-20, *Listening to our Teachers: Advocacy Through Research*, Torin Finser, ISBN: 978-1621483755

## **December 10, 2025 Via Zoom**

(Wednesday 3:30 pm to 4:30 pm Pacific Time)

### **Research and Self Development with Deborah Dornemann**

## **February 15-16, 2026**

(Sunday 8:30 am – 5:00 pm, Monday 8:30 – 12:30)

### **Curriculum with Alison Henry**

#### **Required Materials:**

- As noted above